

EXTRAORDINARY HABITS

**Master the 21 Exact Habits, Skills & Mindsets of the World's
Top Leaders, Artists, Athletes, and Professionals... Fast**

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MAIN IDEA

There are 21 science-based extraordinary habits that highly successful people apply. Studying these habits is helpful and useful, but it's the number of those habits you apply that can make all the difference in the world.



Learn these extraordinary habits, but realize knowledge alone does not change behavior. In the final analysis, it's the number of these habits (with their associated skills and mindsets) that you apply that counts. Build daily routines where you apply these habits to get ahead.

"There is no magic to be found in playing small – in settling for a life that is less than the one you are capable of living"
 – Nelson Mandela

"Here's the thing: no matter what you are battling against, the only way to change your life is to do battle. No one is going to change your life for you. Even if circumstances are horrifically unfair, and you will have to work harder and smarter than everyone else to move forward. Only you can make your life better."
 – Maariana Vikse

"Whatever is going on in your life, even if it isn't your fault, you will be the only one with the power to change it. And believe us: you do have the power. You have more power than you can imagine. But raw willpower or hard work is not enough. You need to know how to implement the right habits, skills and mindset that lead to success. You need to come up with a plan. We will show you how."
 – Maariana Vikse and Idrees Hasmi-Herbello



1	KNOW THE DIFFERENCES
2	IDENTIFY ESSENTIAL BUILDING BLOCKS
3	FIGURE OUT HOW TO WORK SMARTER
4	TAKE THE RIGHT SPECIFIC ACTIONS
5	NEVER FEEL TRAPPED AGAIN

Section 1 – Know the differences Page 2

- Habit #1 – Avoid the 12 dangerous failures
- Habit #2 – Master 10 foundational strategies
- Habit #3 – Follow the 9-question approach

Section 2 – Identify essential building blocks Pages 3 - 4

- Habit #4 – Know the science of acquisition
- Habit #5 – Develop deep, meaningful relationships
- Habit #6 – Connect, inspire, and unleash
- Habit #7 – Build new and better habits
- Habit #8 – Avoid cognitive biases

Section 3 – Figure out how to work smarter Pages 4 - 6

- Habit #9 – Master the 12 core traits of success
- Habit #10 – Use feedback and critical thinking
- Habit #11 – Supercharge your productivity
- Habit #12 – Make goal-based decisions
- Habit #13 – Use grit correctly
- Habit #14 – Keep growing your earning power

Section 4 – Take the right specific actions Pages 6 - 8

- Habit #15 – Avoid self-sabotage
- Habit #16 – Cultivate a positive mindset
- Habit #17 – Avoid sabotaging your health
- Habit #18 – Set up your life for happiness
- Habit #19 – Have an attitude of gratitude
- Habit #20 – Make every day count

Section 5 – Never feel trapped again Page 8

- Habit #21 – Create a plan to be unstoppable