

# **JUST ENOUGH**

## **Tools For Creating Success In Your Work and Life**

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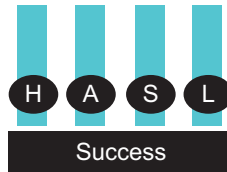
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**MAIN IDEA**

Success is actually more multidimensional than simply seeking more and more money, fame or promotions. It's also intensely personal and subjective – one person's success may be termed another person's failure and so forth.

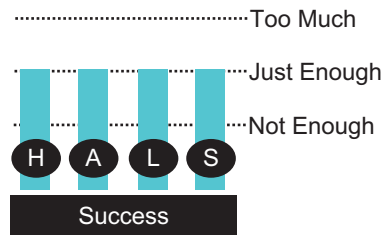
With this in mind, before redoubling your efforts to succeed in your career and life, take some time to define what success actually means to you. Most likely, you'll find to be a complete success, you have to succeed in four distinct dimensions:

1. Happiness – you have to feel personal pleasure and contentment about what you have achieved in life.
2. Achievement – your accomplishments have to compare favorably with the goals that you've set for yourself.
3. Significance – you have to make a positive impact on the people that you care most deeply about.
4. Legacy – you have to establish your values in such a way that it will help others succeed in the future.



Success isn't about having passion and focusing relentlessly on making more money at the expense (if required) of everything else in your life. Rather, success means having just enough happiness, achievement, significance and legacy. When these four factors are in balance, your success will feel satisfying and worthwhile.

In sum, success is not about one thing or even an infinite number of things; it is about having just enough of the things that count, and not spending all your time in the pursuit of one narrow objective that you miss out on the genuine pleasure and richness success in the other dimensions adds.



The key to being successful is to have a good balance of just enough success in the four categories of happiness, achievement, significance and legacy.

**1. The Multidimensional Nature of Success . . . . . Pages 2 - 3**

The popular perception of success is that “more is better”. In other words, the more money you make, the better. The problem, however, with reducing success to just one dimension like that is you never reach a point at which you can be completely satisfied. If everyone wants to be a millionaire, you may have to upgrade your definition and define success as being a billionaire. As this cycle repeats again and again, it will become clear that success can never be defined in a single measure, but exists in the degree of alignment of a number of measures: high achievement, multiple meaningful goals in life, the ability to experience pleasure and create positive relationships and accomplishments that endure.

**2. The Idea of Success as a Moving Target . . . . . Pages 4 - 5**

Your concept of what constitutes success will evolve quite dramatically over the course of your career or your lifetime. Success will be a multidimensional, continually shifting set of targets. You ultimately have to define success on your own terms and make the journey towards it worthwhile rather than waiting until you hit your targets to give yourself permission to enjoy what you do.

**3. The Concept of “Just Enough” . . . . . Pages 6 - 8**

If success is a multidimensional moving target, how can you capture the full spectrum within a reasonable time frame? The answer lies in developing a “reasoned sense of what’s enough”. In other words, instead of aggressively trying to have it all, you have to go after just enough success in each area to satisfy your specific needs. You have to develop a reasoned ability to structure your success in just the right proportions so you feel good about your life. When applied to the four categories of success, the concept of just enough gives you permission to pace yourself and enjoy the rewards you've earned. This is the pattern on which lasting contributions are obtained without abandoning the concept of a rich, multidimensional life.

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